

GULF DEFENDER



Vol. 64, No. 30

Tyndall Air Force Base, Fla. Home of Air Dominance Training

July 29, 2005

In brief

Change of command

Lt. Col. Harold Huguley III, 325th Mission Support Squadron commander, will relinquish command to Maj. Stephen Miliano in a ceremony at 10 a.m. Monday at the Officers' Club. All are welcome to attend.

Office closures

The 325th Contracting Squadron will close from 11 a.m. to 1 p.m. today for a squadron function. In case of an emergency, call 774-1151 or 774-1152.

What's inside



Learning to cope is important to survival

... PAGE 4



AFCESA wins presidential award ... PAGE 7



Tyndall protects endangered turtle nests ... PAGES 12-13

so many Americans."



Over and over

Cadet Matthew Nelson, an Air Force Reserve Officer **Training Corps cadet with the** encampment here, works to clear an obstacle at the **Confidence Course on Boy** Scout Road here Monday as Cadet Erik Dixon motivates him from the sidelines. The **ROTC** cadets completed the course as part of their training. The encampment will be here through Aug. 13.

Former CMSAF speaks on GWOT, leadership

STAFF SGT. BENJAMIN ROJEK

325th Fighter Wing Public Affairs

The challenges Airmen faced 40 years Global War on ago pale in comparison to the challenges of Airmen today, said the ninth chief master sergeant of the Air Force during a visit change from forhere July 21.

"I couldn't be more proud of Airmen today," said retired Chief Master Sergeant of the Air Force James Binnicker. "They have been able to adapt to many transformations, including the current operations tremist groups in tempo."

Chief Binnicker, who became the president and chief executive officer of the Air Force Enlisted Village in 2000, said that after the tragedy of 9/11, he, too, wanted light at the end of to be a part of today's enlisted force.

"I was outraged that someone would do that to our country," he said. "There were innocent people dying. The patriotism just bubbles up inside you. I was moved like

He said in order to win the Terror there must be a mindset eign policy to education to find out what drives young people to join these exthe first place.

Most of these people are so poor, they see no the tunnel, said

Chief Binnicker. Suicide bombing seems almost like a reward to them.

He went on to say he believed military force was only 10 percent of the solution to the Global War on Terrorism. The mili-



Retired Chief Master Sgt. of the Air Force James Binnicker speaks to enlisted members prior to receiving a tour of a C-17 aircraft during his visit at Rhein Main Air Base Jan. 24, 2003.

> tary can't do it alone, because this is a different type of enemy with different tac-

> > • SEE VISIT PAGE 19

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Facing the music

Jeanne Holland, Tyndall Youth Center school age program assistant, gives an orientation on the after school program to (from left) Daniel Ruiz, K'onte Brown, Nickolas Summerell and Isaias Lopez. The 5-year olds begin Kindergarten next week and are transitioning from the Child Development Center to the Youth Center.

Identify this... Can you identify this object? If so, send an e-mail to *editor@tyndall.af.mil* with "Identify This" in the subject line. correct e-mail will receive a 'prize' from the Wing Public Affairs Office and have their name published in next week's issue

ON THE **STREET**

What's your favorite military benefit?



"The Commissary. For a family of three like mine, you're able to save a lot of money over anywhere else."

CAPT. BRANDON BISHOP 325th Air Control Squadron



"Education. When you get out with a degree, you'll be more marketable."



"Education because it gives each member an opportunity to better themselves."

MASTER SGT. KEVIN ACRUM



TECH. SGT. KAT MYGAN 53rd Weapons Group



"The Class Six, because it's a lot cheaper to shop there than off base."

STAFF SGT. ALFONSO CHACON 325th Maintenance Squadron

Gulf Defender Editorial Staff

Brig. Gen. Jack Egginton325th FW commander Maj. Susan A. Romano chief, 325th FW public affairs 2nd Lt. William Powell deputy chief, internal information Staff Sgt. Benjamin Rojek editor The $\it Gulf \, Defender$ is published by the $\it Panama \, City \, News \, Herald$, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Tyndall Air Force Base, Fla. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Gulf Defender are not necessarily the official views of, or endorsed by, the U.S.

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The deadline for article submissions to the Gulf Defender is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the Gulf Defender to Tyndall base housing sections is provided by the Panama City News Herald.

For more information, or to advertise in the newspaper, call (850) 747-5000.

Commentary

'I am an Airman and a Wingman to all other Airmen'

BRIG. GEN. JACK B. EGGINTON

325th Fighter Wing commander

Some of you may recall back in October 2004, the former commander of Air Education and Training Command Gen. Don Cook directed commanders in AETC to conduct a 'Wingman Day' at their respective bases.

The purpose of the day was to help people take better care of one another and offer information on four health fronts: emotional, social, spiritual and physical.

Since then, bases across the United States and overseas conducted subsequent days focusing on those key elements as well as stressing the need for Airmen to take better care of themselves and their teammates.

We conducted Wingman Days Nov. 19 and May 27 that allowed squadrons to have a day of purpose – a day devoted to teambuilding events, small group discussions, spiritual well-being exercises, and just plain

want each and every one of you to know the role you play in being a Wingman to all other Airmen."

> BRIG. GEN. JACK EGGINTON 325th Fighter Wing commander

recreational fun. In other words, it was a time to 'get to know' your fellow Wingmen.

In that same vein, I want the men and women of Team Tyndall to memorize a new motto I have instituted for the wing – I am an Airman and a Wingman to all other Airmen. I spoke about this motto at the May 27 Wingman Day and we handed out tri-fold wallet cards for everyone to carry around as a reminder. Note that it's Airman with a capital "A." That includes everyone – civilians, officers and enlisted

But I don't want it just to be a catch-

phrase or vacant words without a meaning. I want each and every one of you to know the role you play in being a Wingman to all other Airmen. I want it to be a yearround effort, not just recited at an annual Wingman Day or in preparation for an inspection or deployment. I need you to fully understand its importance. I want it to be our way of life.

Some time ago, our AETC commander received a letter from a concerned citizen about the safety of trainees in the Armed Forces. After giving the letter much thought, the general wrote to his AETC leadership, "While I'm confident com-

manders and supervisors are taking care of our Airmen, the letter reminded me that the American people expect us to 'get it right' when it comes to training and educating their sons and daughters."

It's true – we are responsible for developing high-quality, expeditionary-minded, professional Airmen, and the Wingman mindset is critical to accomplishing this ob-

So hopefully you will begin to see the new motto appear in various places and locations on base... on bulletin boards, email messages, newspaper articles, flyers and signs at Tyndall. I hope you'll incorporate it into your daily routine. We are all Wingmen and we are all responsible for the well-being of our fellow Airmen. Thank you for fulfilling that responsibility. Thank you for your great service on behalf of all Airmen. Now, lets all say it together: "I am an Airman, and a Wingman to all other Airmen."

Mentorship important for creating tomorrow's leaders

Lt. Col. Paula Corrigan

325th Aeromedical-Dental Squadron commander

"Use the Force, Luke,"

We all recognize this quote from the movie *Star* Wars. Obi-Wan Kenobi is most likely everyone's idea of a great mentor as he guides Luke Skywalker on his journey through life. But what does it really mean to be a great mentor?

It is thought that the term "mentor" comes from Homer's epic Odysseus. In this story, the Greek goddess of wisdom, Athena, disguises herself as Mentor, a friend of Odysseus' family. She does this in order to gain the trust of the son, Telemachus, so that she may advise him during his father's absence.

If you think about this, the key aspect of being a mentor may not be the wisdom and experience to

A mentor is an individual who advises and challenges you to do your best on both a personal and professional level. Everyone needs a mentor, and leadership is where mentoring starts."

> GEN. HAL HORNBURG Commander, Air Combat Command

guide, but the ability to gain the trust and confidence of the protégé in order to open them up to what it is you have to say.

When you type "great mentors" into a computer search engine and hit return, it is interesting to find that the names popping up on the screen are not all ones that are widely familiar. The Mentor Hall of Fame, www.mentors.ca, lists many mentor pairs throughout history. Although some famous mentors such as Secretary of Defense Donald Rumsfeld (mentor to Vice President Dick Cheney), Harland Sanders (mentor to Dave Thomas, founder of Wendy's), and Johnny Carson (mentor to Jay Leno) are listed, there are many more non-famous ones.

Perhaps the attributes which tend to lead to great personal success and recognition are not the same ones needed to gain the sense of faith and loyalty required to excel at mentorship - altruism, optimism, tolerance and, above all, humility.

• SEE MENTOR PAGE 19

Action Line Call 283-2255 BRIG. GEN. JACK EGGINTON 325th Fighter Wing commander

The Action Line is your direct line to me. It you are unable to resolve the problem, call me is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a re-

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response or

at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more phone numbers that help you in resolving any issues with a base agency.

283-4825
283-4191
283-7515
283-2739

/IPF	283-2276
SFS Desk Sgt.	283-2254
Services	283-2501
.egal	283-4681
lousing	283-2036
CDC	283-4747
Ving Safety	283-4231
Area Defense Counsel	283-2911
inance	283-4117
Civil Engineer	283-4949
Civilian Personnel	283-3203
Base Information	283-1113

Thank you for helping me improve Tyndall and I look forward to hearing from you.

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Learning to cope with tough times is important to survival

MASTER SGT. SANDRA THORNTON

325th Medical Operations Squadror

Although the majority of us would say we have had tough times in our lives in one form or another, the definition of "tough time" is different for everybody.

For some people, a tough time might be defined as a relationship breakup, problems on the job, feeling all alone, being overwhelmed and not sure who to turn to, losing a friend or loved one, or maybe living on four cans of chicken noodle soup until the next payday eight days away and being too proud to ask for help.

These tough times or hurdles have changed most of us in some way, positively, negatively or both. Some of these hurdles have made us stronger, more determined, goal oriented, etc. Other hurdles may have stressed us out, depressed us, or caused us to step back to take a look at who we are, where we want to go, or what we need to do next in our lives or careers.

Over the last 16 years working in mental health, I've seen colonels, sergeants, airmen, spouses, and civilians like you and me work on some of the toughest hurdles in their lives. These individuals made it over their hurdles by doing lots of hard work, self assessments, attending educational classes at the Family Support Center, working with the chaplains and or at the Life Skills Support Center with counselors to resolve their problems. Occasionally, I will meet someone who wants to hurt himself.

Are any of these weak people? Absolutely not. They just need some support or counseling to turn it around. A helping hand – a Wingman.

A Wingman can come in many forms: A first sergeant,

significant other, good buddy, chaplain, supervisor, brother or doctor at the clinic. Anyone can be one. Anyone can need one.

Do you have a Wingman? If not, take another look around you. I guarantee that if someone knew that you needed one, you would have more offers of assistance than you ever imagined.

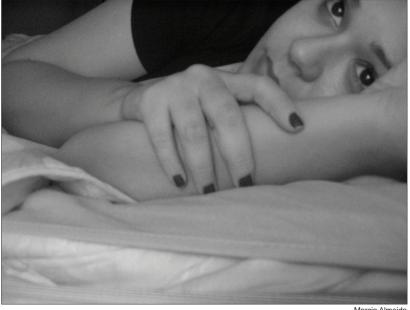
One of the Air Force's Four Dimensions of Wellness is called the "Emotional Dimension." While you are working on your Physical, Social, and Spiritual Dimensions, don't forget to take a look at your Emotional Dimension.

Are you getting more and more irritable at work lately? Are you arguing more with your friends? Drinking more than usual? Or are you just feeling down or blue? You have

the power to change that right now. Try some things right away like eating healthy, getting six to eight hours of sleep, using your support systems, practicing positive coping skills like fishing, dancing, playing cards, and exercising even if that's just to take a walk in the neighborhood. Remember to focus on the things that you have the power to control, not the ones you don't, like another person.

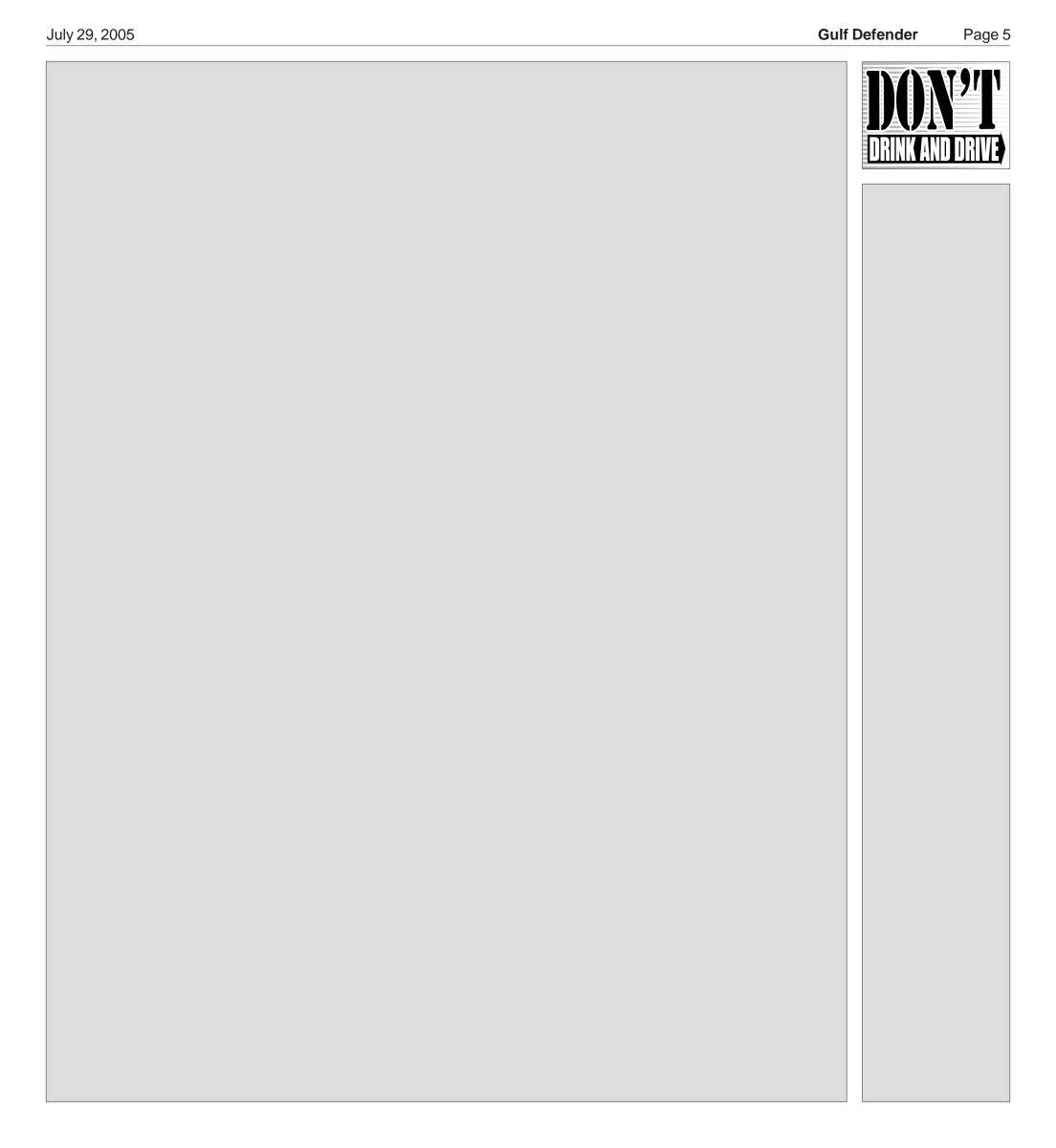
If your symptoms persist after a few weeks or get worse, see your primary care manager, Chapel, Wingman, Life Skills, etc. Ignoring your needs in the Emotional Dimension would be like working on only 75 percent of a math problem – your final answer won't be on target.

And yes, I, too, remember the tough times of juggling



two military careers as a couple with two children under age 3, trying to be and do everything for everybody, working different shifts trying to keep the daycare costs down, counting food in the closet to make sure we had enough to get to payday, feeling helpless when one of my troops was almost killed after a drinking and driving accident, and more. These hurdles were defining mo-

We can all get through tough times or life's hurdles even better than did were before. Sometimes, we do it on our own, and other times we need a little help from our Wingman. I'll say it again, "People are the greatest asset in the Air Force." So let's take care of each other.



Langley commander learns to fly Raptor

1st Lt. J. Elaine Hunnicutt

325th Fighter Wing Public Affairs

"His eyes were as big as a kid's in a candy store when he got off the aircraft," said one bystander, commenting on the 1st Fighter Wing commander's recent visit.

Brig. Gen. Burton Field, coming from Langley AFB, Va., completed the F/A-22 Raptor Senior Officer Course July 19 here with the 43rd Fighter Squadron.

The Senior Officer Course consists of academics, simulator time, three transition rides and a check ride in the F/A-22 Raptor. The general has more than 3,100 hours in the F-16 Fighting Falcon, but because he is the wing commander of what will be the first operational F/A-22 Raptor wing, he needed to get that qualification under his belt as well.

The general expressed his enthusiasm and amazement for the aircraft's capabilities. He said there is no comparison between this aircraft and any other. "The F/A-22 is far superior in stealth, speed, ma-

FORCE TRAINING



neuverability and delivery," said General Field. "This aircraft offers endless possibilities for the future of our fighting force ... possibilities we haven't even real-



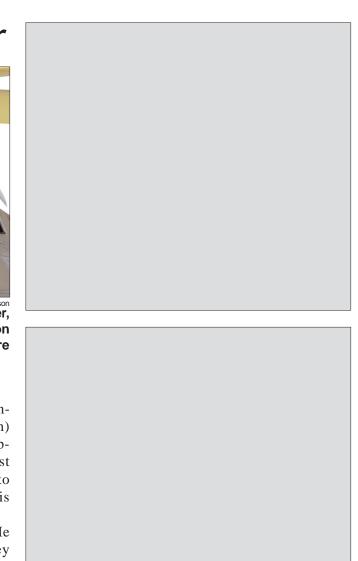
Brig. Gen. Burton Field, 1st Fighter Wing commander, Langley AFB, Va., chats with a 43rd Fighter Squadron crew chief after taking flight in the F/A-22 Raptor here recently.

ized yet," he continued.

"When something like this (1st Fighter Wing commander position and F/A-22 Raptor qualification) comes down the pipe, you realize what a great opportunity it would be. But never in my wildest dreams could I have imagined it would happen to me," he said. "It is a great honor to be given this opportunity."

General Field has a history with the F/A-22. He was assigned to Tactical Air Command at Langley

• SEE RAPTOR PAGE



AFCESA team wins Presidential-level award

MASTER SGT. MICHAEL A. WARD

Air Force Civil Engineer Support Agency

The globetrotting Airfield Pavement Evaluation team stayed in one place long enough to hear its members had been selected to receive the 2005 Commander-in-Chief's Award.

The Presidential-level award is given by Gen. John P. Jumper, Air Force Chief of Staff, for installation excellence or special recognition. The pavements team won for special recognition.

The team, part of the Air Force Civil Engineer Support Agency, is the only one of its type in the Air Force. Its members are on the road most of the year visiting bases and evaluating airfields to determine their strength and viability. Their evaluations help determine what types of aircraft can take off and land at bases and how many passes an airfield can sustain before its quality begins to degrade and potentially impact the mission.

The team, which had a heavy travel schedule prior to the attacks of Sept. 11, has been even busier since. In 2004, the 12-person team traveled to five continents, deployed more than

1,600 days combined and conducted 43 pavement evaluations.

"The guys are proud to have been recognized for their commitment to the work they do," said Maj. Ron Pieri, pavement team chief. "They're on the road about 65 percent of the time."

As could be expected, most of their travel lately has been in support of Operations Enduring Freedom and Iraqi Freedom.

"At forward deployed air bases you really need to be able to project the capacity of that airfield so mission planners know what types of aircraft can go into those airfields," the major said. "When we go out and certify that a forward deployed airfield can support a particular aircraft at a particular weight a certain number of times, we are actually helping to keep convoys off the road because it allows aircrews to resupply our forces from the air."

As usual, the team will be leaving soon to go back out on the road. This time they will be gone for 180 days while visiting 20 bases in Southwest Asia. Hopefully, someday they will stay still long enough to actually be presented



Master Sot Michael Ward

Tech. Sgt. Calvin Carter, of the Air Force Civil Engineer Support Agency's Airfield Pavement Evaluation team, marks a core sample after removing it from Tyndall's runway.

the award.

AFCESA is a field operating agency of the Air Force Civil Engineer. The agency and its staff provide the best tools, practices and professional support to Air Force civil engineers worldwide. The agency supports 82 major and 10 minor active-duty installations, plus the 83 Air Force Reserve and Air National Guard installations. For more information on AFCESA visit our Web site at www.afcesa.af.mil

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Face-to-face counseling available to Airmen, families

STAFF SGT. C. TODD LOPEZ

Air Force Print News

WASHINGTON — Sometimes an Airman needs someone to talk to, and although his or her supervisor or friends are available, they are not always the right ones to listen.

The Air Force, as part of a larger effort within the Department of Defense, offers Airmen a professional, private, face-to-face counseling as part of the Air Force OneSource program.

"Air Force OneSource is part of the total system of support that is available at all Air Force bases," said Brenda Liston, Air Force family matters chief. "It is available to active duty, Reserve and National Guard members, whether they are activated or not."

The OneSource program has been available for more than a year now and provides Airmen and their families with information and referral services for education, medical, financial, deployment, return and reunion issues. In "Air Force OneSource is part of the total system of support that is available at all Air Force bases."

BRENDA LISTON

Air Force family matters chief

July, the program will be expanded to include face-to-face counseling services for Airmen and their families.

The program makes free counseling services available to help Airmen and their families deal with marital and relationship problems, deployment or redeployment stress, grief and other nonclinical issues.

"This even includes couples counseling for Airmen (who) are single and having relationship issues," Ms. Liston said. "It is easily accessible for our Air Force people dealing with family issues such as returning from deployment, reintegration, grief counseling, couples' concerns or any num-

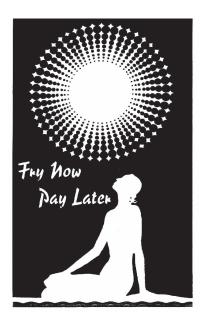
ber of issues a couple, an Airman or a family member would like to speak with a counselor about."

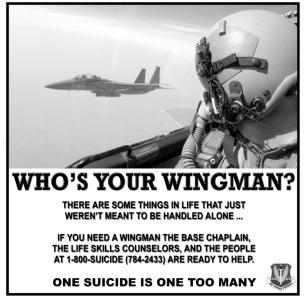
Any active-duty Airman, reservist or guardsman or their immediate family members can access the service, Ms. Liston said.

"It is available to anyone carrying a military identification card — family or Airmen, active or reserve, activated or not," she said. "Even if you aren't married, you can take your nearest and dearest to talk with a counselor about relationship issues."

Airmen who want to take advantage of the service need only call the Air Force OneSource telephone number to talk to an online consultant. The consultant will take demographic data from the Airman, make an assessment of the issue he or she has, and then help the Airman choose the best course of action. The service can also be accessed by visiting local family support centers.

• SEE HELP PAGE 21







Trainees wearing new boots that reduce injuries

JAMES COBURN

37th Training Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas (AETCNS) – Air Force basic trainees may not know it, but since January, they have been wearing a new waterproof infantry combat boot that is more comfortable and lessens the number of injuries compared to the former standard leather boot.

Combat personnel from all services can thank the U.S. Army Soldier Systems Center, Natick, Mass., for its collaboration with contractors to design a more comfortable boot. The cushioned sole also reduced lower leg injuries by more than 30 percent during field testing by Army basic trainees at Fort Jackson, S.C., in the fall of 1999.

The boot, which includes flame, heat and fuel protection for flight personnel, was first issued to members of the 82nd Airborne Division deploying to Afghanistan in fall 2002. It was introduced to the Army clothing bag for basic training in January 2003.

Senior Master Sgt. Lori Mills, 737th Training Support Squadron training superintendent, said the Air Force began issuing the new boots because the Army has had success with it.

"It's a better boot for outdoor field train-

ing," she said. They seem to be working well."

The new boot has a midsole cushion, an inner layer from heel to toe, to reduce shock from repeated marching, drilling and other basic training activities. The old leather combat boot didn't have a midsole cushion.

In addition, the new boot has a Gore-Tex inner lining that waterproofs the boot, yet also is breathable, allowing sweat vapor to escape and evaporate from outer Cordura nylon material on the sides.

"The cushioning is a lot better in the new boot, and feet don't sweat as much -they breathe better," said Ronnie Barney, Air Force Clothing Initial Issue Flight chief, 37th Logistics Readiness Squadron.

The waterproofing and wicking action keep the feet drier than with the old leather boots. Wearing boots with wet feet quickly leads to blisters.

"Blisters have definitely not been a major factor (this year)," said Master Sgt. John Stiles, 737th TRSS independent duty medical technician for Warrior Week. "Our blister packs are lasting forever."

Another benefit of the new boots is reducing the amount of lower leg injuries, which include shin splints, ankle and knee problems that can cause a trainee to be

pushed back in training.

Michael Holthe, footwear project engineer at Natick, was involved in research and development of the midsole cushion boot that now is standard for Army, Air Force, Navy and Marine basic trainees. He said the Soldier Systems Center was tasked with reducing the incidence of lower leg injury in the Soldier by 10 to 15 percent.

"What we did by doing a lot of analysis on soling systems and construction with biomechanics laboratories and field testing, we were able to design two different soling systems that gave us a decrease in lower leg injuries by over 30 percent, which was fantastic - double what we were shooting for," he said. "So the feedback from the field has been phenomenal."

The old leather combat boot worn by all the services had a solid rubber soling system that wore very well, but it was



James Coburn

Airmen at clothing issue model the new waterproof, nylon sided, midsole cushion boots, left, and the old leather boots worn prior to January, right.

very rigid - it did not provide any shock attenuation, Mr. Holthe said.

"What we did was implement a polyurethane cushion to midsole into the soling system for shock attenuation," he added. "And that is the gist of the injury reduction right there."

The boots also have softer leather on the uppers and foam on the padded collar is thicker than the standard boot.

"They feel good right out of the box," he said.

The boots are available for purchase at online at www.aafes.com.

Officials tout benefits of Microsoft home use program

PHIL BERUBE

Operations and Sustainment Systems Group Public Affairs

GUNTER ANNEX, Ala. (**AFPN**) – For about the cost of a month's subscription to an Internet service provider, most Airmen can get a copy of the software application they are currently using on their office desktops for use on their personal home computers.

The benefit, dubbed the Microsoft home use program, is part of Microsoft's commercial Software Assurance program. It was included in the overall Air Force Microsoft Enterprise License Agreement, which consolidates more than 40 separate license agreements across the Air Force into one.

For a small fee, Airmen, civilian employees and certain contractors assigned to eligible units can get a licensed copy of the same software they are using at work for home use.

"Having the same software at home allows them to become more proficient at their jobs," said Alphonso Bryant, the manager of the Air Force Microsoft Enterprise License Agreement at the Operations and Sustainment Systems Group here. "And if they become more proficient at their jobs, then they'll be able to accomplish the Air Force mission more efficiently."

Although the benefit almost sounds too good to be true, Mr. Bryant said only about 6 percent of eligible participants have actually taken advantage of the program.

"Several of the people I've talked to about the program said they weren't even aware it existed," he said. "A few others have said they don't have a home computer."

Complete program details and eligibility requirements can be found online at https://www.gunter.af.mil/contracting/microsoftea/homeuse.aspx. To get the program code needed to purchase the software on the program Web site, people need to contact their command or organization's software benefits administrator. A complete list of administrators can be found online at https://www.gunter.af.mil/contracting/microsoftea/documents.aspx. People can click on "Air Force MS Enterprise Agreement MVLS SBA POCs."

"The only condition attached with the home use program is personal usage rights are tied to continued employment with the Air Force and ends with termination of employment or expiration of the Air Force's enrollment in Software Assurance," Mr. Bryant said.

People transferring from one eligible unit to another eligible unit do not need to remove the software, he said.

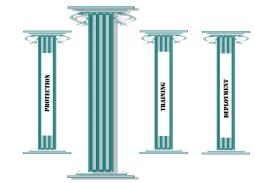
Getting the inexpensive software is easier than people may

believe, said Capt. Lee Beiermann, of OSSG, who recently purchased software for his home computer.

"The process is simple and easy, and I would definitely recommend anyone who is eligible to take advantage of the benefit," he said.

Another lesser known benefit of the Microsoft agreement is the employee purchase program. This benefit allows eligible participants to purchase Microsoft licenses and other consumer products at discounted prices. Again, people need to contact their administrator for the program code needed to purchase the products.

FORCE SUSTAINMENT



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New language test more 'real world'

WASHINGTON (AFPN) – A new language test scale. Five is the highest level on the scale. scheduled to roll out in October will better measure language fluency in real-world situations, the Defense Department's senior language official said July 13.

The new test is the fifth generation of the Defense Language Proficiency Test, a battery of tests used to assess native English speakers' reading and listening skills in a wide range of foreign languages, said Gail H. McGinn, deputy undersecretary of defense for plans.

The so-called "DLPT 5" test will be more challenging than previous language tests, Ms. McGinn said, with longer passages and, in some cases, more than one question for each passage. The test will be computer-based, making it more secure and efficient to administer. And unlike past tests that Ms. McGinn described as "scripted," the new test will rely more on actual newspapers, magazine articles and radio broad-

"We want a test that measures as accurately as possible one's ability to operate in the real world," Ms.

Toward that end, the new language proficiency test will better measure each tester's skills in selected languages, at levels ranging from a low of zero-plus to a high of four on the Interagency Language Roundtable

The new test will become "the benchmark" for DOD to assess who in the force has language skills and how proficient they are. By better measuring language skills, the new test will allow DOD officials to identify and reward those with the highest proficiency levels, Ms. McGinn said.

Test scores are part of the formula for determining language proficiency pay for language professionals and servicemembers with specific language skills. Congress recently authorized increasing the cap on language proficiency pay from \$300 to \$1,000, but Ms. McGinn said that not all language professionals will receive the full amount.

The new test and higher language proficiency pay are keys to the Defense Language Transformation Roadmap, a major initiative to develop foreign language and cultural expertise among its military and civilian members.

The initiative aims to increase language and cultural expertise within the ranks and to establish a cadre of language specialists with advanced proficiency lev-

The world situation demands that the Defense Department maintains solid language and cultural capabilities so it is prepared to carry out its missions worldwide — from humanitarian and reconstruction efforts to combat operations, Ms. McGinn said.

"We are building alliances, we are engaged in operations in the Middle East, we are engaged in the war on terror, (and) we need to understand and interact with the people around us," she said.

The rollout schedule for the new test begins in October for Albanian, Persian-Dari, Hindi, Pashto, Norwegian and Urdu. DLPT-5 tests for Russian and Iraqi are scheduled to debut in December, and early 2006 rollouts are planned for Chinese Mandarin, Spanish and

New tests are also under development for a variety of other languages, including Egyptian, Levantine, Modern Standard Arabic, Persian-Farsi, Greek, Kurdish-Sorani, Turkish, Serbian-Croatian and Japanese. Ultimately, the DLPT-5 could cover as many as 31 languages.

Ms. McGinn urged test takers to begin their homework now using authentic materials available on the Internet and in other sources, encouragedsupervisors to re-enforce the need to prepare. The Defense Language Institute has developed an Internet site and Global Language Support System with materials and exercises to help test takers prepare.





Sergeant Breyfogle receives the Checkertail Salute Warrior of the Week award from Brig. Gen. Jack Egginton, 325th Fighter Wing commander.

The Checkertail Clan salutes Sergeant Breyfogle, 325th Medical Operations Squadron. She was hand-picked by the 325th MDOS commander to serve as the unit's fitness program manager and ensured her squadron was first in the 325th MDG to achieve 100 percent test completion. She is also a volunteer for such programs as Special Olympics and the POW/MIA run.

Duty title: Physical medicine

craftsman

Time on station: Fifteen months Time in service: Nine years Hometown: Boone, Iowa

Hobbies: Working out, hang gliding,

laying out at the beach

Favorite movie: "Pulp Fiction" and

"Office Space"

Pet Peeves: Lazy people

Favorite thing about Tyndall: My

Wingman and the beaches

Proudest moment in the military:

Being hand-selected to work at Travis AFB's First Term Airman Center and protocol office

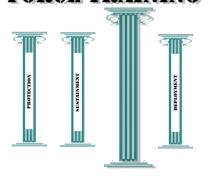
The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

The Gulf Defender is published for people like Staff Sqt. Troy Latta, 325th Maintenance Squadron munitions inspector.





FORCE TRAINING



Training Spotlight

What are you hoping to get out of this class?

I want to complete the training knowing everything the instructors know. I want to be the best crew chief that I can be."



AIRMAN BASIC SENSY LACEN
372nd Training Squadron/Detachment 4
Mission Ready Airman student

School's out: MRA course to take break

STAFF SGT. BENJAMIN ROJEK

325th Fighter Wing Public Affairs

When most Bay County students are getting ready to come back to school, the 372nd Training Squadron/Detachment 4 is getting ready to take a break.

After the last class graduates Aug. 19, the schoolhouse will be empty of Mission Ready Airman students until September, said Tech. Sgt. Phillip Pittman, an MRA instructor here.

"We've already slowed down a lot," said Sergeant Pittman. "We've just had classes here and there, instead of constantly. Also, our classes have been smaller – four students per class instead of the usual eight."

He said that the crew chief career field is not requiring as many apprentice skill level Airmen. In an effort to space them out, the school at Sheppard AFB, Texas, is not taking as many students, which in turn lessens the number of students here.

But, just because there are no MRA students here doesn't mean the instructors stop working.

"We have plenty to do around here, including keeping up with the trainers and technical orders," said Sergeant Pittman. "We also go to the host squadrons and see if they need help."

The instructors are required to have 90 teaching hours per month, he said. In cases where there are no classes, they will go out to the host squadrons and conduct training there

"Instead of bringing five people into our school for one week of training, we can go out to the squadron and teach 10 people a



Staff Sat. Benjamin Rojek

Staff Sgt. Alan Arcand, left, a Mission Ready Airman instructor here, goes over technical orders with his students. He and Tech. Sgt. Phillip Pittman are teaching the last MRA class until school resumes in September.

condensed course in one day," said Sergeant Pittman. "This way we can work around their schedules and hit any problem areas they might have."

Doing these classes not only helps the squadron, it keeps the instructor's training hours up, as well as their teaching skills, he said. It also keeps the material fresh in their heads

Once school does start back up, Sergeant Pittman said he'll be ready with his lesson

plan and for the increase in students. In September, they'll be back to full strength – eight students in a class with four or five classes going.

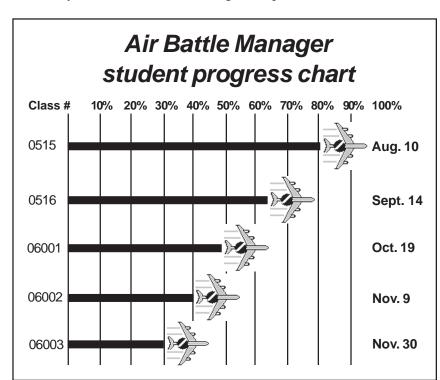
And what will he do if he doesn't get a class right away?

"I'll sit in on another instructor's class," said Sergeant Pittman, who's taught two classes so far. "Doing that gives you a different perspective. We work to improve the teaching atmosphere."

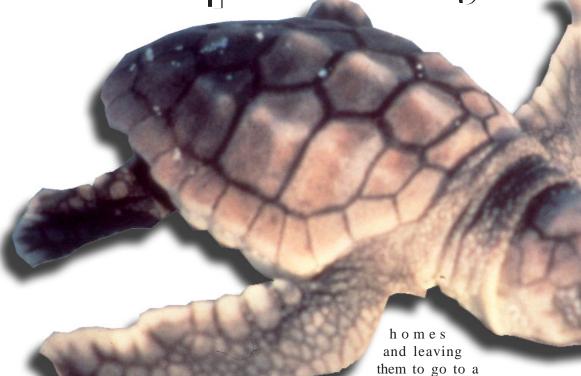


AIM high

1st Lt. Ryan Graf, 2nd Fighter Squadron B-course student, inspects an AIM-9 missile while completing a preflight inspection before going up on a solo flight Tuesday. Lieutenant Graf is nearing the completion of his training, which he says "has been a blast."



Turde power Tyndell's natural resources tea



AIRMAN 1ST CLASS SARAH

McDowell 325th Fighter Wing Public Affairs

Being human during hurricanes has its advantages. People can prepare for the severe weather by boarding up their area.
All of the other species do not have it so easy, especially on Tyndall – sea turtles.

more weather-friendly

When Hurricane Dennis swept through July 9, it took about 45 of these turtle nests with it, each which contained an average of 110 eggs.

The defenseless nests were on the



Courtesynhoto

Will Holmes, 325th Civil Engineer wildlife technician, places a protective cage over a nest site to help shield it from predators.

sea side of sand dunes on both Tyndall and Shell Island shores and were not allowed to be moved legally due to their proximity to the beach. There are five known endangered and protected species of

turtles that are
common to
the area;
the hawksbill turtle,
K e m p 's
R i d l e y
turtle, logg e r h e a d
turtle, green
turtle, and leath-

erback turtle. The most common turtle on Tyndall is the loggerhead.

The 325th Civil Engineer Squadron's Natural Resources flight heads up a program to protect the sea turtles and had just finished setting up about 18,000 feet of sand fencing before the hurricane came through.

"We will have to start over next summer," said Dr. Jack Mobley, Natural Resources flight wildlife biologist. "We lost approximately \$100,000 worth of sand fencing."

He added that because storms usually come later in the month of September, the dunes were not built up by the sand fencing which made the storm more detrimental to the turtle's survival.

Turtle eggs hatch of June through October. The incubation period in the nest is typically 50 to 65 days, depending on the heat index. The eggs hatch primarily at night due to an internal temperature cue, according to a Florida Fish and Wildlife Conservation Commision pamphlet.

After the baby turtles emerge from their shells, they automatically go towards the water, unless there are other distracting elements around - such as lights.

"The dunes are important because they block light from the base so the turtles do not go toward it instead of the water," Dr. Mobley said.



A turtle nest seems to erupt in the middle of t

Maintaining the dunes also boosts the turtles' survival rates, which are only 10 percent for unprotected hatchlings in the wild.

In effort to keep this protection, the base collaborates with volunteers from Rutherford High School.

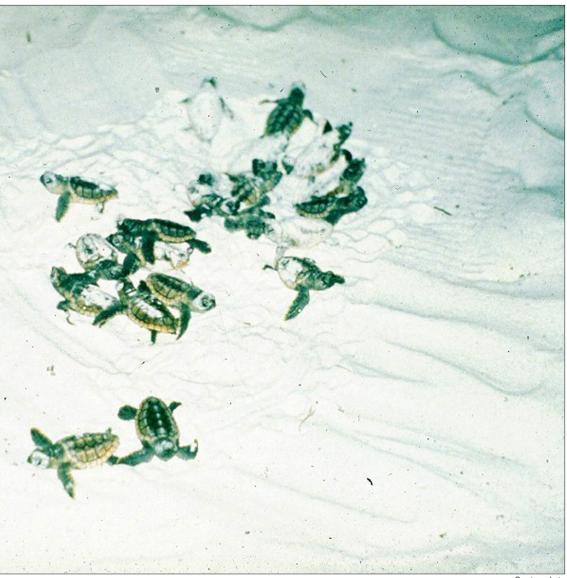
"Rutherford students put in four days a week for six weeks setting up sand fencing with the program," Dr. Mobley said.

So far, there are 11 new nests on Tyndall beaches, and there are two workers dedicated to protecting these nests.

"We will probably get new nests up until August," Dr. Mobley said.

Today and in the future, Tyndall will continue its turtle protection plan to ensure that the panhandle regains its "turtle power."

am protects marine-life



Courtesy phot

he night as the hatchlings scramble to find their way to the ocean.



Tech Sgt. Dan Neely

information on sea turtles or other endangered species in the area can be found at Natural Resources.

How we can help



- Minimize beach front lighting between the months of June and October.
- Remove recreational equipment such as lounge chairs, umbrellas and boats from the beach at night.
- Never leave campfires on the beach unattended at night.
- Use your natural vision or moonlight when walking on the beach at night.
- If you encounter a turtle on the beach at night, keep a distance and refrain from flash photography.
- Leave turtle tracks undisturbed; they are used to track the type of species.
 - Properly dispose of trash.
 - Avoid trampling vegetation.

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Briefs

Retiree Appreciation Day

All Air Force retirees are invited to come to Tyndall Sept. 16 and 17 for Retiree Appreciation Days. For more information on events and activities going on that day, call the Retiree Activities Office at 283-2737.

VA Audiology Clinic

Tyndall's Veteran's Affairs Audiology Clinic has relocated to the VA Outpatient Clinic at 312 Kenmore Road, Pensacola. For more information, call (850) 417-7574 or 1-800-897-8977 8 a.m. to 4:15 p.m.

World War II lithographs

The 325th Fighter Wing Public Affairs Office has lithographs commemorating the 60th anniversary of WW II. Units that would like copies may send a representative to the PA office in Bldg. 626, Room 129. The lithographs are for official use only and must be framed for proper display.

Online pharmacies

The Office of the Surgeon General has stated that the use of online physician and pharmacy services is highly discouraged, due to the risk of complications resulting from obtaining medication without a proper medical exam, the lack of quality control on prescription medications and the inability of these services to check for interactions with your other current mediations. For more information, please contact the Tricare Operations and Patient Administration Flight at 283-7331.

Software license agreements

All organizations must ensure software is being used according to the license agreement. Depending on the type of license (single user, network, site license, etc.), the license agreement will state how many computers the software may be installed and/or how many users can access the software. Air Force policy allows only licensed, registered software, including freeware/shareware, acquired through government procurement for use on government computers. If you have questions please contact Tech. Sgt. Lance Souther, 325th Communications Squadron base software license manager, at 283-3819.

Gulf Guide



Tech. Sgt. Dan Neely

All the stops...

To ensure the safety of Team Tyndall pedestrians, the wing commander approved installation of stop signs at the following high-use crosswalk locations:

- 1. Mississippi Avenue in front of Fitness Center just prior to both crosswalks (two total)
- 2. Florida Avenue in front of Building 219, OG Headquarters, just prior to crosswalk both directions (two total) 3. Florida Avenue in front of Building 226, WEG Headquarters, just prior to crosswalk both directions (two total) Please be on the lookout for these new stop signs as you drive on Tyndall. Contact Maj. Anne Coverston, 325 CES/CEO, ext. 2679 if you have questions.

GCCC fall classes

Gulf Coast Community College fall classes start Aug. 17. Tuition assistance is now available for fall classes and must be turned in by Aug. 12 to avoid being dropped.

Troy University registration

Troy University will be registering for Term I through July 31. Term I takes place Aug. 4 through Oct. 9. Troy University is located in Room 44A of the Base Education Center. Registration hours are 8 a.m. to 5 p.m. Monday through Friday. For more information, call 283-4449.

Tricare Reserve Select

Eligibility to purchase Tricare Reserve Select coverage is determined by the Reserve component member's service/Reserve component office. To qualify, members must have served on active duty on or after Sept. 11, 2001, for 90 consecutive days or more in support of a contingency operation and enter into an agreement with their Reserve component to serve in the selected Reserve for one or more years prior to leaving active duty. For Reserve component members who are eligible and have already left active duty, they have until Oct. 28 to complete their service agreement. Details about completing service agreements and enrollment process for TRS are available on the Tricare Web site at www.tricare.osd.mil/reserve/ reserveselect.

Varsity basketball

The Tyndall Tigers Men's Varsity Basketball team will have try-outs for the 2005-06 season 5:30 p.m. Aug. 15 at the Fitness Center. All interested individuals can sign-up at the Fitness Center. For more information, call the Fitness Center at 283-2631.

Sports officials

The upcoming Tyndall intramural sports season is short on officials. If you would like to officiate, call the Fitness Center at 283-2631.

Heart Link

The next Heart Link session is scheduled for 8 a.m. to 2:30 p.m. Aug. 5 at the Enlisted Club Classics Lounge. Heart Link is a fun-filled, fast-paced information-packed orientation that can benefit every Air Force spouse. Spouses of permanent-party members or students are invited to attend this free program. For more information, call the Family Support Center at 283-4204/4205.

Airman's Attic

Family Services and the Airman's Attic are open from 9 a.m. to 1 p.m. Monday through Friday in Bldg. 747. The Airman's Attic is designed to help reduce some cost of living expenses by providing donated household items or new items purchased with cash donations to eligible military members. The generosity of Team Tyndall has allowed us to extend this service from senior

airman and below to those at the rank of staff sergeant. Call the Family Services office at 283-4913 or the Family Support Center at 283-4204 for more information.

Thrift Shop hours

Normal hours are 9:30 a.m. to 12:30 p.m. Wednesday–Friday.

Consignments are 9:30–11:30 a.m. Wednesday and Thursday. For more information, call 286-5888.

Chapel Schedule

Catholic services

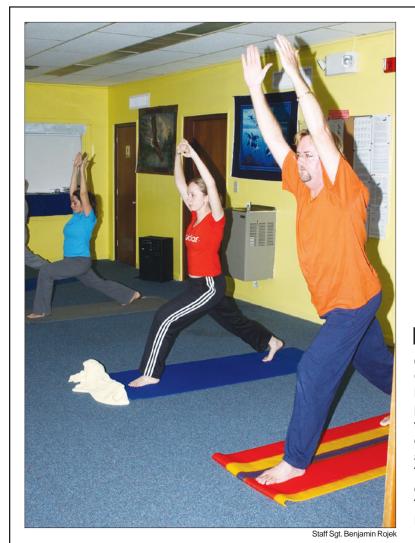
Daily Mass, 11:30 a.m. Monday– Friday, Chapel Two Reconciliation, before Saturday Mass or by appointment Saturday Mass, 5 p.m., Chapel Two Sunday Mass, 9:30 a.m., Chapel Two Religious Education, 11 a.m., Bldg. 1476

Protestant services

Traditional worship service, 9:30 a.m., Chapel One Contemporary worship service, 11 a.m., Chapel Two Wednesday Fellowship, 5 p.m., Chapel Two

Muslim services

A prayer room will be open for Dhuhr Prayer Monday—Thursday in the Spiritual Maintenance building near the flightline. There will also be Jumauh services at 12:30 p.m. the second and fourth Friday of each month.



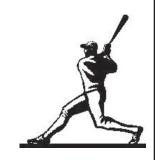
Lifting spirits

(From right) Greg Hugo, Erin Race and Cristy Akins hold their arms above their heads while in the crescent moon posture position during a yoga class at the Cardio Center here recently. Yoga classes are available 5 p.m. Mondays and Wednesdays at the Cardio Center. The cost is \$6 for those who just want to drop in and try it out, or \$35 for 10 classes. The class is tailored for students of all levels.

Intramural Sports Standings

Softball

National	W	L
TEST	10	0
AMXS3	9	1
MOS	9	2
MDG	7	3
AMXS1	6	4
MXS2	5	6
SFS	5	6
53rd WEG	4	7
83rd FWS1	3	7
ACS2	2	9
CPTS	2	9
RHS	1	9

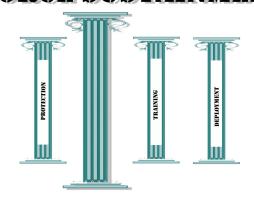


American	W	L
MXS1	11	0
601st AOG	10	1
CES	7	4
ACS1	7	4
AFCESA	6	5
oss	6	5
MSS	5	5
COMM	5	6
SVS	5	6
AMXS2	2	9
LRD	1	9
83rd FWS2	0	11

Golf

Team	Points
CES	52
AMXS	44
CS1	37
SEADS	37
372nd TRS	34
AFCESA	33.5
oss	29
CONR1	28
MSS	28
53rd WEG	27
RHS	24
83rd FWS	23
MXS	23
ACS	20
SVS	19.5
CONR2	18
CS2	18

FORCE SUSTAINMENT





The Longest Yard 6 p.m. Aug. 4

Paul "Wrecking" Crewe (Adam Sandler) was a revered football superstar back in his day, but that time has since faded. When a messy drunk driving incident lands him in jail, Paul finds he was specifically requested by Warden Hazen (James Cromwell), a duplicitous prison official well aware of Paul's athletic skills. Paul has been assigned the task of assembling a team of convicts to square off in a big football game against the sadistic guards. With the help of fellow convict Caretaker (Chris Rock), and an old legend named Nate Scarborough (Burt Reynolds) to coach, Crewe is ready for what promises to be a very interesting game. It's only the warden and the guards who have no idea who or what they're up against, with Paul the driving force behind the new team.

Mr. and Mrs. Smith 6 p.m. Thursday

A married couple (Pitt and Jolie) are getting bored with their quiet domestic life. What they don't know, however, is that they're both assassins, secretly hopping the world and killing for hire. But their separate lives are about to collide when each finds out their next target is their own spouse.

(All information courtesy of www.imdb.com. Used with permission.)

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Ribbons to pants: Clothing sales has you covered

STAFF SGT. BENJAMIN ROJEK
325th Fighter Wing Public Affairs

Where can you get a staff sergeant coin, a book on Air Force Vacation Club locations, an Air Force mug and a teddy bear in a flight suit? Well, Military Clothing Sales Stores sell more than just BDUs.

Since its establishment in 1941 as the Army Exchange Service, the Army & Air Force Exchange Service has been serving posts and bases with everything from food to clothing items. And MCSS is the one-stop-shop for any Airman's uniform needs.

"We carry both AAFES issue uniforms and optional uniforms," said Candy Kellett, MCSS Tyndall branch manager. "We have uniforms for both males and females, including maternity uniforms."

Ms. Kellett said that the maternity uniforms, including jumpers, BDUs and pants are kept in the back. A customer who is looking for such an item need only ask for it.

And what about other items that customers may not see on the shelves?

"We do special orders," said Ms. Kellett. "People can ask for books to be ordered, and we can also get clothing items for other branches."

She said that if the MCSS is out of stock on a ribbon or uniform size, and it's an emergency for the customer, the item can be special ordered for delivery within a couple of days.

But according to Ms. Kellett, they don't run out of AAFES brand items very often because once something is taken off the

shelf, the computer sends an order for the item to the AAFES warehouse. Other items are ordered once a month and usually ship within two weeks.

"We usually can get stuff in quickly," she said. "We only run out in situations like when the Air Force awarded everyone the National Defense medal. Those flew off the shelves."

If an item is not at the MCSS, customers can also try online at the AAFES Web site, www.aafes.com. There people can order name tags,



Staff Sgt. Benjamin Rojek

Bob Spickler buys ribbons for his wife, Tech. Sgt. Michelle Spickler, at the Military Clothing Sales Store here from Patsy Pandullo.

boots and other military items. There is also a catalog at the MCSS from which customers can order any items they need.

One way in which customers can pay for any of these items is with their STAR card, said Ms. Kellett. The card can be used for uniform purchases up to \$500, and it's interest free.

Tyndall has an advantage over most bases when it comes to the MCSS, said Ms. Kellett. The store is connected to the Class Six, which closes later and is open on Sundays.

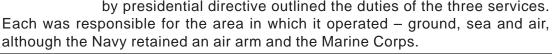
"If you come here TDY and you forgot an item like your hat, you can still come over here and get it," she said. "Even if it's Sunday night. The store is self-service then, but you can purchase the item at the Class Six register."

The MCSS is open Monday through Friday 9 a.m. to 5 p.m. and Saturdays 9 a.m. to 4 p.m. with full service. The Class Six is open 8 a.m. to 10 p.m. Monday through Saturday and 10 a.m. to 6 p.m. Sundays.



This week in Air Force history ...

July 26, 1947: President Harry S. Truman had approved the National Security Act of 1947. He also issued Executive Order 9877 which by presidential directive outlined the duties of the three services.





July 29, 2005	Gulf Defender Page 17
	AAFES customers save 22.09 percent
	DALLAS – According to a national independent market basket survey, prices at Army & Air Force Exchange Service (AAFES) PXs and BXs

are on average 22.09 percent lower than comparable retailers. Conducted in February

by RetailData, the 2005 market basket survey sampled everyday prices of 150 similar items found in six military communities. Communities surveyed included Fort Meade, M.D.; Eglin AFB, Fla.; Fort Hood, Texas; Fort Lewis, Wash.; Offutt AFB, Neb.; and Luke AFB, Ariz.

According to AAFES officials, the savings exchange shoppers receive doesn't end at 22.09 percent. "It's important to remember that the average savings cited by RetailData's survey is before any additional tax-free advantage authorized exchange customers enjoy," said AAFES' Commander Maj. Gen. Bill Essex. "Depending on where a service member or military retiree lives, shopping the PX or BX can offer an average savings



Airman 1st Class Sarah McDowell

Base members shop at the Tyndall Base Exchange. The Base Exchange has an average savings of 22.09 percent compared to the civilian stores.

when you consider that our customers don't pay sales tax."

RetailData's market basket survey is designed to focus on the most popular items sold at AAFES facilities and represents all major retail departments. National name brand items prices were surveyed. In addition to name brand savings, AAFES' private label merchandise keeps even more money in military customers' pockets.

"As more and more re-

up to 31.44 percent tailers are targeting military service members as customers, AAFES is working twice as hard to offer compelling value to military customers," said AAFES' Chief Operating Officer Marilyn Iverson. "When you look at this survey and compare 'apples to apples,' I think it's clear that AAFES saves its customers money everyday, regardless of their location."

A market basket survey is a snapshot in time. The retail industry conducts similar surveys as an industry best practice to remain competitive. In addition to the national survey, each major AAFES Exchange location conducts local price surveys monthly to ensure AAFES pricing is consistently competitive. The 2005 market basket survev average savings of 22.09 percent represents an increase over AAFES' 2004 results of 21.89 percent. AAFES will continue to conduct annual surveys to ensure prices are the lowest possible.

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Airman develops antidote to injection confusion

CRYSTAL TOENJES

72nd Air Force Base Public Affairs

TINKER AIR FORCE BASE, Okla. (AFPN) — Knowing how to administer an antidote to a fellow Airman who falls victim to chemical exposure in the field will not be as difficult as before.

A new sticker on the antidote kit designed here, with specific instructions on when and how to administer the antidote for nerve agent poisoning, is helping to alleviate some of the stress of making the decision during exercises.

"While the kit already existed, what wasn't readily available were the instructions on when to use what," said Capt. Kevin Ingram, who designed the sticker after his own unsettling experience during an exercise in May.

"Somebody came in to our tent when we had all our gear on, and he couldn't breathe," Captain Ingram said. "He had some kind of sore on his face, and he was exhibiting all these symptoms. He was basically dying on us."

Captain Ingram, of the 72nd Air Base

A new sticker on

the antidote kit

designed at Tinker

Air Force Base, Okla.,

with specific instructions

decision during exercises.

when and how to administer the

antidote for nerve agent

poisoning, is helping to alleviate

some of the stress of making the

Wing legal office, and another Airman tried to determine how best to respond to the symptoms being exhibited by the man who was down.

"It gets ... difficult sometimes

because, obviously, most of us aren't medics and the self aid buddy care isn't something we do every day," Captain Ingram said. "We have different types of chemical and biological agents that people can be affected by and you have different types of treatments."

Quickly being able to determine if the person is suffering from exposure to a nerve agent is important because it calls for one to three injections of atropine us-

ing an auto injector in the thigh and described by Captain Ingram as "very painful."

"You don't want to be hitting people with these auto injectors unless you know for sure, and we didn't know for sure," he said.

Part of the reason they were uncertain was because they, like many Airmen, did not have the symptoms for nerve agent poisoning memorized or immediately available to them in some format

"We had our atropine injectors and we had gloves on, the mask on, all our gear on trying to thumb through our Airman's manual to find what the symptoms are, and the guy is dying," he said. "It wasn't a comfortable situation for us."

Not wanting to feel that way again in an exercise, Captain Ingram developed a nerve agent sticker to put on the injectors so when the package is needed, the symptoms and instructions on how to administer the injections are readily avail-

Captain Ingram presented the idea to the deployment commander, and it was implemented across the camp.

He hopes the sticker will be considered for real-world implementation so it not only has the potential for saving the lives of players in exercises, but also Airmen in real-world situations. (Courtesy of Air Force Materiel Command News Service)



Tech. Sgt. Dan Neely

New identity

The 325th Security Forces Squadron's Pass and Registration section will relocate Aug. 8 from Bldg. 662 to the new facility on Highway 98 directly across from the Sabre Gate entrance. The Visitor Control Center will also relocate to the same facility. In order to accommodate this relocation as seamlessly as possible, Pass and Registration will be closed for business on Aug. 5. Pass and Registration functions will be available on an emergency-only basis at that time. Also, in order to facilitate the transition, limited customer service functions will exist at the Visitor Control Center from Aug. 5-7, so longer lines than usual can be expected. All services previously provided at Bldg. 662 will be transferred to the new location to include vehicle registration, line badge issue, civilian/contractor identification media and temporary passes as well as all Visitor Control Center services. Telephone numbers will remain the same, 283-4191 or 283-2758.

• From VISIT Page 1

"But the part we are doing is outstanding," said the chief. "Airman are deploying over and over again. Bases are stretched thin. Yet they continue to perform in an outstanding way."

In an effort to encourage even more outstanding performances, Chief Binnicker was on hand as the guest speaker at the Senior NCO Induction dinner here. He spoke to the guests about remembering the past and looking to the future.

"I think it's imperative that today's senior NCOs look back and remember what it was like when they came in," he said. "They need to make sure they don't repeat any bad examples."

He said that getting

first term airmen to reenlist is an issue that senior NCOs should be working on. They should take care of their people, because if an airman isn't happy with what they're doing in the Air Force, or they have no respect for their supervisor, there is a good chance that nothing will get them to reenlist.

They have to find their best and take care of them, said Chief Binnicker. If they take care of the troops, the troops will take care of the mission.

And what do the junior enlisted need to succeed?

"Figure out the promotion system and study hard," said the chief. "If your job gives you time to go to school when you're off, do it quickly. Education is the key."

• From MENTOR Page 3

Leadership requires more than just manage- nior leadership only. ment; it also requires establishing a relationship with those you lead. This is especially important with the newer genera-

tion of young troops whose loyalty is based on relationships and trust rather than fear or obligation. Building trust and ultimately mentoring those whose care and development has been entrusted to us is leadership at its best.

mentoring starts."

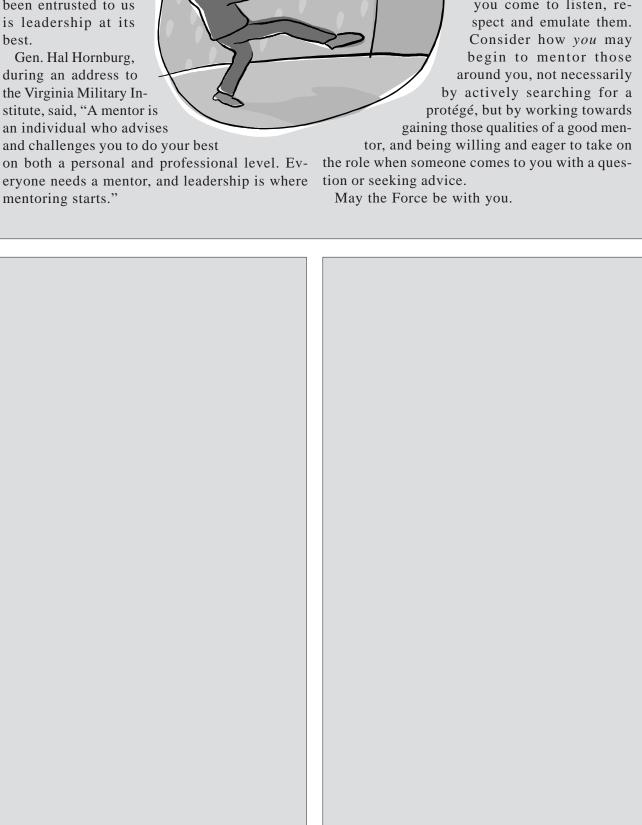
Gen. Hal Hornburg, during an address to the Virginia Military Institute, said, "A mentor is an individual who advises and challenges you to do your best But mentorship should not be restricted to se-

Each person on the base (officer, enlisted or civilian) has unique expe-

> rience and knowledge which can play a role in mentoring.

> > I challenge each of you to think about those that have provided great mentorship to you over the years.

Think of the qualities they have which made you come to listen, respect and emulate them. Consider how you may begin to mentor those



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-unshine



www.325thservices.com

www.325thservices.com

Twilight Movie Night

Come out and enjoy a movie under the stars with **free** popcorn at the Community Center every Friday. Show time is 8 p.m.

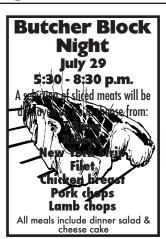
August Schedule

Aug. 5 - The Shining Aug. 12 - Star Wars Part 4, 5 & 6 Aug. 19 - Star Wars Part 1 & 2

In case of inclement weather, the movie will be shown in the Community Center Ballroom. Some movies might not be suitable for younger audiences.

For more information call

283-2495

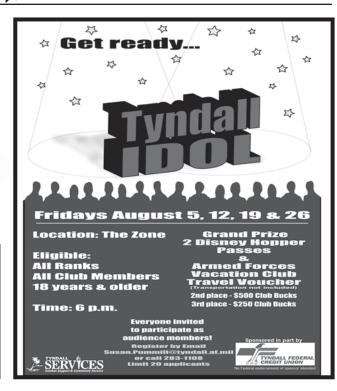


Artist-Craftsman & Photography Contest Entries NOW being accepted. Stop by the Arts and Crafts Conter, Building 934 to fi out official paperwook to enter. Entries will not be returned from MAJCOM or AF competitions. Deadline for all entries is August 31.



Bonita Bay Sealed Bid Auction

115 hp motors and pontoon trailer (All items sold as is) Bids accepted July 29 - August 4. Minimum bid both motors \$750; \$100 trailer.



Attention military members: Place a free classified ad in the Gulf Defender

Military classified ads are placed in the Gulf Defender on a space available basis. Ads must be for a one-time sale of personal goods and should include a complete description, 25 words or less, of item being sold. Completed forms can be dropped off or mailed to the 325th Fighter Wing Public Affairs Office at 445 Suwannee Rd. Ste. 129 Tyndall AFB, FL 32403, or faxed to (850) 283-3225.

Rank/Name

Unit/Office Symbol

Duty Phone



We value your opinion!

Take a couple of minutes to give us your thoughts on how we can make the Gulf Defend better:

Did the front page grab your 2" No □ Do you feel that com. lo 🗆

> *ະ*ຣ໌ 🛮 No □

Yes □ No □ what did you find most interesting in

to read and رح

this week's paper? Yes □ No □

If you could change one thing in the paper, what would it be?

Comments:

• From RAPTOR Page 6 from 1990 to 1992 as the advanced medium-range air-to-air missile and F-22 action officer.

The general has a rich career and has held other demanding positions such as the commandant at the Air Force Weapons School and the commander of the 8th Fighter Wing Kunsan Air

Base, Korea. General Field previously served as the deputy director of Political Military Affairs for the Western Hemisphere and prior to that as the assistant deputy director of Political Military Affairs for Europe. When asked if he sees this as an advantage when

working with coalition partners as the 1st Fighter Wing commander while his Airmen are deployed, he said,

"Any experience working with foreign partners Tyndall excited to be gois a benefit; it helps you look at the world from a different perspec-

his Airmen and equip-He ment are prepared to fly, lauded fight and win. As the training he received at base grows and takes on Tyndall, stating, "It was new roles, he will also enclose to perfect." sure that the construction "Tyndall knows how to is done in compliance train fighter pilots; when with historical and misyou leave here you are sion requirements and ready!" He expressed ensuring that the Raptor his indebtedness to the wing is fully operational and ready to deploy on entire training faculty schedule. from Lockheed and the

Air Force and to the entire base for the great customer service across the board.

General Field returns to his home, from ing back to a position where he can command

and fly. "This is where my heart is," he

At Langley, he

will focus on ensuring

• From HELP Page 8

If counseling is needed, a consultant will help the Airman set up an appointment with a licensed civilian counselor in the local community. The service comes at no cost to servicemembers and their families, and Airmen are entitled to up to six counseling sessions per issue.

Counseling services are available for nonclinical issues only, however. The service does not handle medical issues involving alcoholism, depression, drug abuse or abuse in the family. In those cases, Airmen will be put in contact with appropriate military agencies. The service also has an obligation to report instances of drug use or physical abuse to the authorities. In all other situations, Ms. Liston said, Airmen can expect the same level of privacy they would with base agencies.

"The face-to-face counseling program is filling a gap we have had for years," Ms. Liston said. "There is clinical counseling available now through Tricare or mental health, but they have never done nonclinical counseling before."

Helping Airmen and their families deal with problems before those problems escalate not only helps Airmen, it helps get the mission accomplished, Ms. Liston said.

"A lot of times issues that become really difficult and (affect the) mission started out with a small issue, like how to readjust when you come home from deployment," she said. "Problems can be resolved at the lower level before they escalate into real problems."

Air Force OneSource is available anytime by phone in the United States at (800) 707-5784, internationally at (800) 7075-7844 or collect at (484) 530-5913. The program is also available in Spanish at (800) 375-5971 and to the deaf or hard of hearing, via TTY/TDD at (800) 346-9188. Airmen may also visit the program www.airforceonesource.com. The site requires customers to log on by using "airforce" as the user ID and "ready" as the password.

Did you know ...

Plan on moving off-base in the near future or have a new civilian spouse? The military has created a Web site dedicated to family support operations. Here can be found helpful checklists, financial tools and the most current copy of the spouses' Heart Link Handbook. There are also links to any active Family Support Center Web page from this site



for additional resources offered through Family Support. For more information, log on to www.afpc.randolph.af.mil/famops/

Communication is vital during a hurricane; know who to call.

Contingency phone number: (877) 529-5540 — This toll-free number is used to disseminate critical information during contingencies such as hurricanes. Use the contingency phone number to keep informed of a situation's current status.

Duty information number: (800) 435-9941 — Use this toll-free number to contact Tyndall for return-to-duty information and status of the base.

Air Force Personnel Center: (800) 435-9941 — A military member can call this number to report their location during the evacuation and receive further instructions.

